

Handout 1

Mindset statements

Cut out the cards below and give a set to each of your learners.

Learners are to work independently and to mark True or False on the end of the following statements.

I'm not good at maths.	I'm not confident in many maths topics yet.
There is no point trying if I can't do something.	I have a go even if something seems challenging.
Maths is easier for other people.	Everyone has the ability to develop their maths skills.
You're either good at maths or you're not.	People who are skilled at maths have spent a lot of time practising.
If there is something I can't do there is no point in my trying.	Mistakes have to be made for learning to happen.
I don't like it when people try to help me or explain things; there's no point.	Your maths ability can change depending on how much effort you put in.
People who are skilled at maths were born with more ability.	If I get stuck, I can think of ways to get unstuck.